

# DCU SUMMER PROGRAM 2016

## DANCE PROGRAM

### MONDAY

- 3:30-5:30 **MINI TROUPE** (*Tap and Jazz*)  
 5:30-7:00 **Dance Stars I** (**Ages 6-9**) B, T & J  
*\*for students from Thurs 5:30, Sat 10:00 or a new 8-9 year old.*  
 7:00-9:00 **Dance Stars II/III** (**Ages 10 & up**)  
*1/2 Hour Jazz, Tap, Ballet, Lyrical*

### TUESDAY

- 9:00-3:30 **PEEWEE TROUPE (12-3:30)**  
 12:00-1:00 *Tap*  
 1:00-1:30 *STRETCH*  
 1:30-2:30 *Leaps and Turns*  
 2:30-3:30 *Hip Hop*  
 3:30-4:30 **BOYS HIP HOP and TAP**  
 4:30-5:30 **Broadway Babies II/Kinder** **AGE 4-5**  
*for students from Thurs 4:00 or Sat 9:00 classes*

### HIP HOP CLASSES

- 5:30-6:30 **HIP HOP** **AGE 5-7**  
 6:30-7:30 **HIP HOP** **AGE 8-12**  
 7:30-8:30 **TEEN HIP HOP** **AGE 13-17**  
 8:30-9:30 **ADULT HIP HOP** **AGE 18 & up**

### WEDNESDAY

- 4:00-5:00 **MINI TROUPE BALLET**  
 5:00-7:30 **PEEWEE BALLET & stretch & strength**  
 7:30-8:30 **ADULT BARRE and FITNESS**

### THURSDAY

- 4:00-4:30 **Hippity-Hop** **AGE 3-5**  
 4:30-5:30 **Dance Stars I** **NEW AGE 5-7**  
*1/2 Hour Ballet & Tap*  
 5:30-6:30 **Broadway Babies** **NEW AGE 3-4**  
*1/2 Hour Ballet and Tap*  
 6:30-7:30 **ADULT HIP HOP**  
 7:30-8:30 **ADULT TAP**

## GYMNASTICS PROGRAM

### MONDAY

- 4:00-6:00 **GYM MITES**  
 6:00-8:00 **GYM STARS & ADVANCED**  
*\*\*8:00-9:00 Ballet & Lyrical*  
 8:00-9:30 **ADVANCED Power Tumbling**  
*\*Must have Back Handspring*

### TUESDAY

- 9:00-12:00 **GYM STARS and GYM MITES**  
 9:00-10:00 *Strength & Stretch*  
 10:00-12:00 *Class*  
 4:00-5:30 **HOT SHOTS**  
 4:30-5:30 **Mighty Mites Boys Gym** **AGE 7 & up**  
 4:30-5:30 **Mini Mites Boys Gym** **AGE 4-6**  
 5:30-6:30 **Tumble Tots II/Kinder** **AGE 4-5**  
*for students from Thurs 5:15 or Sat 10:15 classes*  
 6:30-8:00 **Star Kids** **AGE 5-7**  
**1 hour gym 6:30-7:30**  
**30 min cheer 7:30-8:00**  
 7:30-9:00 **Star Kids II** **AGE 8 up**  
**30 min cheer 7:30-8:00** **AGE 8 & up**  
**1 hour gym 8:00-9:00**

### WEDNESDAY POWER TUMBLING & CHEER CLASSES

- 4:00-5:30 **POWER TUMBLING** **AGE 5-8**  
**CHEER 5:00-5:30**  
 5:30-7:00 **POWER TUMBLING** **AGE 9 & up**  
**CHEER 6:30-7:00**  
 7:00-8:30 **\*Jr. High/HS POWER TUMBLING**  
*\*Must have strong basics and know how to do a round-off and back HS with a spot!*

### THURSDAY

- 3:30-4:15 **PARENT & TOT** **AGE 18months-3**  
 4:30-5:30 **TUMBLE TOTS** **NEW AGE 3 & 4**  
 5:30-7:00 **STAR KIDS** **NEW AGE 5-7**  
**1 hour gym 5:30-6:30**  
**30 min cheer 6:30-7:30**  
 6:30-8:00 **STAR KIDS II** **NEW AGE 8 & up**  
**30 min cheer 6:30-7:00**  
**1 hour gym 7:00-8:00**